

## **CARLSBAD GALAXY SPRING REC SOCCER FAQ's**

### **Who will be coaching my son/daughter for the spring league?**

Unlike the recreation fall season where we use volunteer parents to coach; in the spring we use our professional coaches at LA Galaxy San Diego. I've built a great staff for the participants and I'm excited for them to be able to share their knowledge with our kids in the recreation program.

### **What team will my son/daughter be on?**

Similar to the answer above, the players will be split up by age group each session and then split up into teams with a coach every week.

### **Can I request a buddy?**

We do NOT do buddy requests for the spring league. However, as long as your child's buddy is the same age they will be in the same pod.

### **When does the season start?**

The season starts Saturday February 25<sup>th</sup> and will run for 6 consecutive weeks. The last session will be on April 1st.

### **When are practices for the spring league?**

All games and practices are all done on Saturdays for the spring league. The hour session will be as follows:

- 1-10 Min's – Fun group warm up
- 11-30 Min's – Break Out into small groups with coach
- 31-60 Min's – Small Sided Games

### **What time is my session?**

- Ages 4-6 will be from 8:30am – 9:30am
- Ages 7-8 will be from 9:45am-10:45am
- Ages 9-12 will be from 11:00am-12:00pm

### **What fields do we go to?**

- The North Location is Magnolia Elementary School (1905 Magnolia Ave, Carlsbad, CA 92008)
- The South Location is Avira Community Park (6440 Ambrosia Ln, Carlsbad, CA 92011)

### **What do the players wear? When do we get our uniform?**

For the spring season we only provide a Carlsbad Galaxy Jersey, we do NOT provide shorts or socks. On the first day please arrive a little early so you can pick up your jersey at the check in table. Please make sure they wear shin

guards, soccer socks, athletic shorts, and soccer cleats. They will need to wear their soccer jersey to each session.

**What should the players bring each week?**

Please bring a Water Bottle and Soccer Ball (with name written clearly on both items).

Ball sizes needed for each age:

- AGE 4-6 will need a Size 3 Soccer Ball
- AGE 7-8 will need a Size 4 Soccer Ball
- AGE 9-12 will need a Size 4 Soccer Ball

**What if it rains?**

If there is a weather issue, an email will come directly from me. I will get that info to you ASAP and it will be emailed to you. Please do your best to not call in to the office. You can always email me directly as well.

**Will my son/daughter receive a medal or trophy?**

For the spring recreation season we do not give out medals or trophies at the end of the 6 weeks.

**I have more questions?**

If you have a unique question please feel free to email me directly. I pride myself on my communication and I promise to get you a response right away. My email is: [Gregg@lagalaxysd.com](mailto:Gregg@lagalaxysd.com)